



# FOOD PANTRY NEEDS:

## Proteins

Canned Beef Stew	Black Beans
Canned Raviolis	Kidney Beans
Canned Chicken/Meat	Chick Peas
Tuna	Peanut Butter
Dried Beans	Baked Beans

## Vegetables & Fruit

Green Beans	Tomato Sauce
Corn, Peas, Carrots	Spaghetti Sauce
Mixed Vegetables	Peaches
Canned Potatoes	Pears
Diced Tomatoes	Pineapple

## Grains

Pancake Mix	Spaghetti
Cold Cereal	Other Pastas
Oatmeal	Pasta/Rice Sides
Macaroni & Cheese	Stuffing Varieties

## Miscellaneous

Tomato Soup	Baking Goods
Chicken Soup	Chicken Broth
Crackers	Jelly
Misc. Snacks	Gravy
Misc. Condiments	Cranberry Sauce
Coffee	Baby Food
Salad Dressing	Baby Formula
Dessert Mixes	Tea
Beef Soup	Hot Chocolate
Vegetable Soup	

## Hygiene Items

Toilet Paper	Toothbrushes
Paper Towels	Mouthwash
Tissues	Floss
Soap	Misc. Hair Supplies
Shampoo	Tampons or Pads
Conditioner	Wipes
Baby Lotion	Diapers
Deodorant	Adult Protective
Razors	Underwear
Shaving Cream	Cleaning Supplies
Toothpaste	



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